



**The Alternative
Academy Program
March 2019**

Monday: Wednesday: Thursday:
Chicken Patty on a Bun
Spicy Chicken Patty
Tuesday: Friday:
Cheeseburger on a Bun



In A Hurry?
Check Out Some Of
Our Fast Take
Sandwiches

Grab & Go Salads & Wraps

Week of the 4th: Chicken Caesar Salad & Italian Sub
Week of the 11th: Buffalo Chicken Salad & Turkey Club Wrap
Week of the 18th: Chef Salad & Buffalo Chicken Wrap
Week Of the 25th: Garden Salad w/ Cheese & Tuna Salad Wrap



**Cheese or Pepperoni Pizza Available every
Wednesday and Friday**



SIDES OFFERED DAILY WITH LUNCH CHOICES
Assorted Fresh Fruits and Vegetables, Specialty Made Salads, Assorted Low Fat and Skim Milks

*Locally Sourced Fruits and Vegetables are offered upon availabilities		BREAKFAST IS OFFERED AT NO COST TO ALL STUDENTS		3/1 South of The Border Fish Tacos Baked Latin Beans Mockamole
3/4 French Toast Sticks Turkey Sausage Cinnamon Sweet Potatoes Spinach Tossed Salad	3/5 Triple Dipper Tuesday: Chicken Bites, Pretzel Sticks, Waffle Fries, Sweet Steamed Corn	3/6 Open Face Roast Turkey on Wheat Bread, Mashed Potatoes, Gravy and Golden Corn	3/7 Pizza Boli Steamed Green Beans Tossed Spinach salad	3/8 Chicken and Cheese Taquitos w/ Salsa Vegetarian Refried Beans Corn & Bean Salad
3/11 Fluffy Pancakes Steamed Carrot Coins Roasted Squash & Red Peppers	3/12 Triple Dipper Tuesday: Chicken Nuggets, Pretzel Bites, Tator Tots and Chilled Sweet Corn	3/13 Alfredo Mac & Cheese w/ Garlic Bread Stick Steamed Broccoli Strawberry Kale Salad	3/14 Baked Chicken & Waffles BBQ Baked Beans Tomato Corn Salsa	3/15 Pepperoni Pita Zone w/ Pasta Steamed Green Peas Cucumber Tomato Salad
3/18 Egg & Cheese Bagel Sandwich Sweet Potato Wedges Romaine Salad	3/19 Triple Dipper Tuesday: Buffalo Chicken Bites Baked French fries Pretzel Nuggets Sweet Corn	3/20 Rotini Pasta w/ Italian Meat Sauce & Garlic Bread Stick Sautéed Spinach Roasted Vegetables	3/21 Nachos Supreme Vegetarian Refried Beans Tomato & Black Bean Salsa	3/22 Fish & Chips Basket w/ Coleslaw Steamed Green Beans
3/25 Chili Cheese Loaded Tots w/ Biscuit Honey Glazed carrots Spinach Tossed Salad	3/26 Triple Dipper Tuesday: Chicken Bites Pretzel Sticks Waffle Fries Sweet Corn	3/27 Mac & Cheese w/ Dinner Roll Steamed Broccoli & Stewed Tomatoes Colorful Collards	3/28 Twin Tacos w/ Spanish Rice Southwest Black Beans Tossed Spinach Salad	3/29 Sweet & Sour Chicken w/ Rice and Chinese Style Vegetables Mandarin Salad